

ihelp+3G™



Owner's Manual
iHelp+ 3G™ Accessory Kit
Manufactured by
Wearable Health Solutions, Inc.

The iHelp+ 3G™ Accessories included in this manual are designed to work with the iHelp+ 3G™ mobile medical alert device and cannot be used with any other medical alert system.

You MUST have the iHelp+ 3G™ mobile medical alert device in order to use ANY of the accessories included.

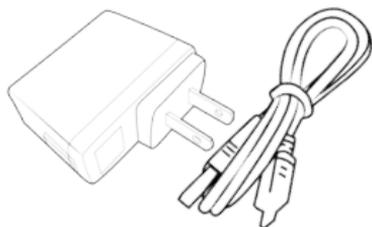
For more information on the iHelp+ 3G™ mobile medical alert or any of the accessories, contact your dealer, or go to www.iHelpalarm.com.

Table of Contents

- What's Included in the Box
- Connecting your Docking Station
- Charging your Pendant
- Using your Remote Button
- In an Emergency
- Wearing your Remote Button
- Attaching the Lanyard to your Remote Button
- On the Back of your Docking Station
- Terms and Conditions
- Safety Precautions and General Warnings

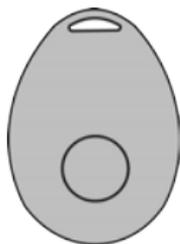
What's included in the Box

1. iHelp+ 3G™ Docking Station



2. Wall Power Adapter

3. Remote Button



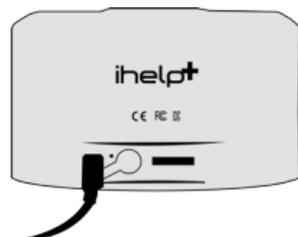
4. Wrist Strap/Bracelet

5. Breakaway Neck Lanyard



Your Docking Station May Be Used To:

1. Charge your pendant;
2. Utilize your remote button;
3. Speak and listen to the operator directly through the docking station.



Connecting Your Docking Station

Plug the power adapter into the back of the docking station.

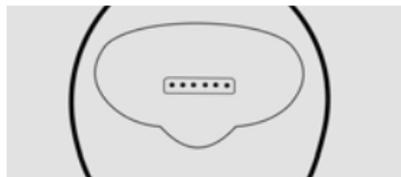
Plug the other end into a regular wall outlet.

The charging indicator on the back of the docking station will stay a solid red to let you know it is connected properly. The light will go out when the backup battery in the docking station is fully charged.

NOTE: THE DOCKING STATION HAS A BUILT-IN BACKUP BATTERY IN THE EVENT OF POWER LOSS, AND WILL PROVIDE UP TO 48 HOURS OF POWER IN STAND-BY MODE AND/OR 2.5 HOURS TALK TIME (FROM FULLY CHARGED)

Charging Your iHelp+ 3G™ Pendant

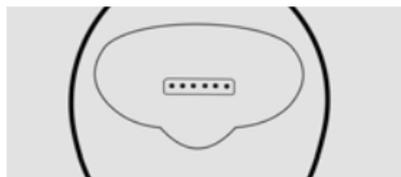
Place your iHelp+ 3G™ pendant into the top of the docking station so that it fits into and is secured to the connection pins.



The pendant is charging when the light on the pendant flashes **blue** (every 5 seconds). It is fully charged when the light on the pendant stays solid **blue**.

Using Your Remote Button

In order to use your remote button, your iHelp+ 3G™ pendant must be placed into the docking station and left in there for as long as you are using your remote button.



Place your iHelp+ 3G™ pendant into the top of the docking station so that it fits into and is secured to the connection pins.

Press the pairing button for 2 seconds until the button is illuminated solid **red**. Then press the remote button to pair the remote button to the docking station. When pairing is active, the pairing button will flash twice.



The signal indicator on the back of the docking station will flash **red** when it is receiving a signal transmitted from remote button.

In An Emergency

In the event of an emergency, press the large grey button on the front of your remote button for two (2) seconds and release.

NOTE: YOU MUST BE WITHIN 100 FEET OF DOCKING STATION FOR YOUR REMOTE BUTTON TO WORK PROPERLY.

The light on the remote button will flash blue once to let you know that the call has been initiated.



When the emergency operator answers, speak in a normal voice and explain the nature of your emergency.

Remember that the speaker is in the docking station, not in the pendant, so you must be near the docking station in your home in order for the operator to hear you, and you to hear them.

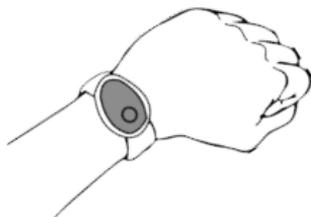
NOTE: IF YOU PRESS THE BUTTON BUT ARE UNABLE TO SPEAK OR ARE TOO FAR AWAY FROM THE DOCKING STATION, THE OPERATOR CAN STILL LISTEN IN FOR SOUNDS OF DISTRESS. IF NO VOICES/ SOUNDS ARE DETECTED, THE OPERATOR WILL DISPATCH HELP.

NOTE: IF THERE IS AN ACCIDENTAL, UNWANTED ACTIVATION, YOU CAN SIMPLY TELL THE OPERATOR THAT THERE IS NO EMERGENCY AND THAT YOU DO NOT NEED HELP.

NOTE: FALL DETECTION AND GEO-FENCING (IF ACTIVE WITH YOUR SERVICE) ARE NOT AVAILABLE WHEN USING THE REMOTE BUTTON.

Wearing your Remote Button

You have the option of wearing the remote button around your neck, around your wrist, or simply carrying it in your pocket.

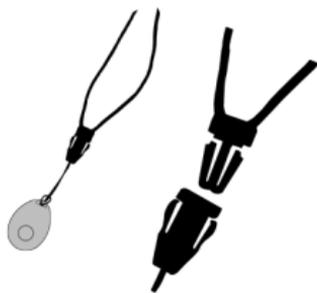


Your remote button is not re-chargable, and has a battery that is designed to last up to two (2) years.

Your remote button may be worn in the bath or shower.

Attaching the Lanyard to your Remote Button

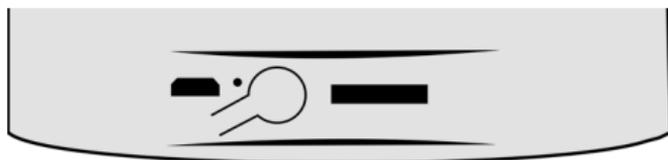
Our lanyard is designed with a break-away safety feature to help avoid accidents.



NOTE: BY USING ANY TYPE OF LANYARD, YOU RUN THE RISK OF CHOKING, INCLUDING THE POSSIBILITY OF SERIOUS INJURY. THE LANYARD CAN GET ENTANGLED ON WHEELCHAIRS, WALKERS, BED WITH GUARD RAILS, JEWELRY, CLOTHES, OR OTHER OBJECTS THAT COULD ENTANGLE WITH A NECK CORD. PLEASE EXERCISE CAUTION WHEN USING THIS FEATURE.

On the Back of your Docking Station

Your docking station has several ports on the back. These ports are used for various functions:

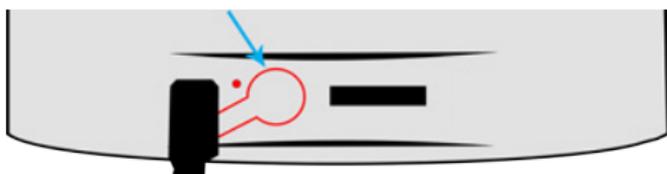


1. USB Power Adapter

The docking station is designed for use with a 5V1A power adapter. When the power adapter is connected, the battery charging indicator illuminates solid red which indicates that the back-up battery in the docking station is charging. The battery is fully charged when the indicator light goes out.

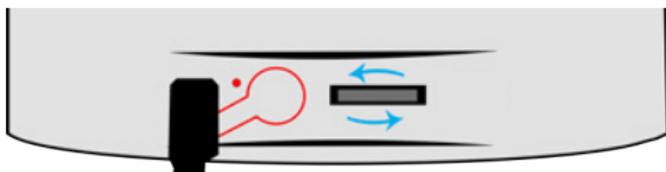


2. Pairing Button



The pairing button connects the remote button to the docking station. See instructions on pairing in USING YOUR REMOTE BUTTON.

3. Volume knob: Turn the dial clockwise to decrease the volume. Turn the dial counter clockwise to increase the volume of the speaker in the docking station.



Terms and Conditions

Terms and Conditions can be found in the iHelp+ 3G™ owner's manual or on the manufacturer's website at ihelpalarm.com.

Safety Precautions and General Warnings

A minimum separation of six (6) inches should be maintained between a handheld wireless mobile device and an implantable medical device to avoid potential interference with the device. Persons who have such devices:

- Should ALWAYS keep the mobile device more than six (6) inches from their implantable medical device when the mobile device is turned ON.
- Should not carry the mobile device in a breast pocket.
- Should use the ear opposite the implantable medical device to minimize the potential for interference.
- Should read and follow the directions from the manufacturer of your implantable medical device.

If you have any questions about using your wireless mobile device with an implantable medical device, consult your health care provider.

It is the sole responsibility of the User to charge the docking station and pendant when necessary to ensure that the batteries and other functions/features are working properly. See the Instructions for how to perform these tests. It is advised to charge the pendant daily until fully charged.

The docking station and remote button should NEVER be opened. Attempting to open either one for any reason may cause permanent damage to the equipment or prevent it from functioning properly, and may completely void its warranty.

Based on its operating frequency, the docking station and remote button should not interfere with pacemakers or common household appliances.

No other power source may be used for this product other than the one specifically supplied by Wearable Health Solutions. Use of any other power source may void all warranties, and could also damage your unit and cause serious safety issues including personal injury, property damage, and cause the unit to malfunction resulting in the failure to obtain medical attention.

The docking station should be unplugged from an electrical outlet before attempting to clean it. A damp, soft cloth can be used to clean/wipe down the unit if it becomes dirty. No liquids or cleaners can be used for cleaning.

If damage does occur to your equipment, do not attempt to repair it. Please return the equipment to your local dealer.

Please use a lanyard with a break-away cord, like the one supplied. By using a lanyard that doesn't have a break-away cord, you run the risk of choking, including the possibility of serious injury. The lanyard can get entangled on wheelchairs, walkers, bed with guard rails, jewelry, clothes, or other objects that could entangle with a neck cord.

Any questions or comments should be directed to your local dealer.

Regulatory Notifications

IC ID: 8730A-RB

Le présent appareil est conforme aux CNR d'Industrie Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes :

- (1) l'appareil ne doit pas produire de brouillage
- (2) l'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

This device complies with Industry Canada's licence-exempt RSSs. Operation is subject to the following two conditions:

- (1) This device may not cause interference; and
- (2) This device must accept any interference, including interference that may cause undesired operation of the device.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference.
- (2) This device must accept any interference received, including interference that may cause undesired operation.

FCC ID: XWI-RB

NOTE: Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct

the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Body-worn Operation

This device was tested for typical body-worn operations. To comply with RF exposure requirements, a minimum separation distance of 2.0cm must be maintained between the user's body and the handset, including the antenna.

Third-party belt-clips, holsters, and similar accessories used by this device should not contain any metallic components. Body-worn accessories that do not meet these requirements may not comply with RF exposure requirements and should be avoided.

Specific Absorption Rate (SAR) information:

Systems operating under the provisions of this section shall be operated in a manner that ensures that the public is not exposed to radio frequency energy level in excess limit for maximum permissible exposure. In accordance with 47 CFR FCC Part 2 Subpart J, section 2.1091 this device has been defined as a mobile device whereby a distance of 0.2m normally can be maintained between the user and the device.

NOTE: Working temperature ranges -4 Fahrenheit ~ 140 Fahrenheit.

€1588

The logo features the text 'ihelp+3G™' centered on a white, rounded rectangular background. The 'i' and 'h' are lowercase, while 'elp' is lowercase. A green plus sign is positioned between 'elp' and '3G'. The '3G' is in a bold, uppercase font. A trademark symbol (TM) is located at the top right of the '3G'. The background has a subtle gradient and is framed by a light green border with dark grey curved accents at the corners.

ihelp+3G™